POST-DEPLOYMENT

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EGRATION TRAINING COMPANION R

For those who serve and those who support sm































RESOURCES



RESOURCES

Resource Category	Resource Name	Phone	Website	Resource Category	Resource Name	Phone	Website
Deployment Support:	Yellow Ribbon Reintegration Program (YRRP)		www.yellowribbon.mil	Deployment Support:	Yellow Ribbon Reintegration Program (YRRP)		www.yellowribbon.mil
	TRICARE	1-800-600-9332	www.tricare.mil	General Information	TRICARE	1-800-600-9332	www.tricare.mil
	Military Pay and Charts		www.dfas.mil		Military Pay and Charts		www.dfas.mil
	Military OneSource	1-800-342-9647	www.militaryonesource.mil		Military OneSource	1-800-342-9647	www.militaryonesource.mil
	RAPIDS Site Locator (ID Card Facilities)		www.dmdc.osd.mil/rsl		RAPIDS Site Locator (ID Card Facilities)		www.dmdc.osd.mil/rsl
	Army Emergency Relief	1-866-878-6378	www.aerhq.org	Financial Resources	Army Emergency Relief	1-866-878-6378	www.aerhq.org
	American Red Cross	1-800-733-2767	www.redcross.org		American Red Cross	1-800-733-2767	www.redcross.org
	FINRA Foundation		www.saveandinvest.org		FINRA Foundation		www.saveandinvest.org
	Military Saves		www.militarysaves.org		Military Saves		www.militarysaves.org
	Thrift Savings Plan		www.tsp.gov		Thrift Savings Plan		www.tsp.gov
	Reserve Aid	1-972-934-4731	www.reserveaid.org		Reserve Aid	1-972-934-4731	www.reserveaid.org
Warrior Support	Operation Homefront	1-800-722-6098	www.operationhomefront.net	Warrior Support	Operation Homefront	1-800-722-6098	www.operationhomefront.net
	US Department of Veterans Affairs		www.va.gov		US Department of Veterans Affairs		www.va.gov
	Veterans Crisis Line	1-800-273-Talk (8255)			Veterans Crisis Line	1-800-273-Talk (8255)	
	Combat Call Center (Veterans Affairs) 1-877-War-Vets (927-8		387)		Combat Call Center (Veterans Affairs)	1-877-War-Vets (927-8	387)
	Wounded Warrior Project Resource Center	1-888-997-2586			Wounded Warrior Project Resource Center	1-888-997-2586	
	VA Caregiver Support Line	1-855-260-3274			VA Caregiver Support Line	1-855-260-3274	
	Courage Beyond	1-866-781-8010	www.couragebeyond.org		Courage Beyond	1-866-781-8010	www.couragebeyond.org
Military Spouse	e Military Spouse Employment Partnership (MSEP)		www.msepjobs.militaryonesource.mil/	Military Spouse	Military Spouse Employment Partnership (MSE	P)	www.msepjobs.militaryonesource.mil/
Interest	National Military Family Association		www.militaryfamily.org	Interest	National Military Family Association	. ,	www.militaryfamily.org
intorost	Families in Global Transition	1-703-634-7400	www.figt.org		Families in Global Transition	1-703-634-7400	www.figt.org
	-		3 3				3 3
Military Child	Young Men's Christian Association (YMCA)		www.ymca.net	Military Child	Young Men's Christian Association (YMCA)		www.ymca.net
and Youth	Boys and Girls Clubs of America		www.bgca.com	and Youth	Boys and Girls Clubs of America		www.bgca.com
	ChildCare Aware of America		www.naccrra.org		ChildCare Aware of America		www.naccrra.org
	Federal Student Aid		www.studentaid.ed.gov		Federal Student Aid		www.studentaid.ed.gov
	Operation Military Kids		www.operationmilitarykids.org		Operation Military Kids		www.operationmilitarykids.org
	Tutor for Military Families SitterCity Military Child Education Coalition 4-H Military Partnership		www.tutor.com/military		Tutor for Military Families		www.tutor.com/military
			www.sittercity.com		SitterCity		www.sittercity.com
			www.militarychild.org		Military Child Education Coalition		www.militarychild.org
			www.4-hmilitarypartnerships.org		4-H Military Partnership		www.4-hmilitarypartnerships.org
	Military Kids Connect		www.militarykidsconnect.org		Military Kids Connect		www.militarykidsconnect.org





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